

GalPower Mentorship Annual Survey preliminary findings

Key challenges facing adolescent girls in school

1. Lack of mentors and guidance
2. Lack of parental guidance
3. Insufficient information about adolescence, opportunities
4. Lack of basic amenities eg soap, panties, towels, lotion, combs

Change that was observed

From	To
1. Inactive in class	1. More interest in school work
2. Inactive at home	2. Active in class
3. Poor performance	3. Active at home
4. Lack of confidence	4. More disciplined
5. Not supporting in house-hold chores	5. Improvement in class performance
6. Not interested in schoolwork	6. Improved hygiene
7. Rude	7. More confident, able to express themselves
8. Indiscipline	8. More responsible
	9. Talent discovery
	10. Enhanced awareness on SRH through skits and sensitization eg <i>"Donti Touchi, hapa Kwangu"</i>

Key take home findings

1. Girls reported to have opened up more to their GalPower mentors on issues that they don't tell their parents and teachers
2. Star attraction for the girls were the TV celebrities from Maza and Pete telenovelas. They felt really inspired
3. The girls appreciated the skills they learnt from their mentors on how to protect themselves from boys and bodaboda riders
4. Some beneficiaries of GalPower mentorship have become peer educators to their peers in school

Recommendations

1. More capacity building to the girls/ trainings/seminars
2. SambaSports to give a list of recommendations to parents on how girls should be expected to behave
3. Increase the number of girls per school to whole school population
4. GalPower Fun days to continue regularly
5. Sustain School Visits
6. Exposure trips to new places for learning and appreciation
7. Involve girls from ages 8-12 (requested by project teachers)
8. Gifts given during GalPower Fun Days should be equal for all girls.